





WELCOME

to the 10th International Symposium on Wine and Health in Conjunction with the 19th Budapest Nephrology School



Special Dinner Reception with Wine Tasting
26 August 2012 16:30 – 22:00
Organized and Sponsored by the Hungarian Kidney Foundation

PROGRAM

16:30 – 17:15 Effects of Alcohol and Wine on Health

Prof. Dr. Eberhard Ritz, Past President of International Society of Nephrology (University of Heidelberg)

Venue: Mercure Budapest Korona 1053 Budapest, Kecskeméti u. 14.

18:30 – 18:40 Presidential Greatings

Prof. Dr. László Rosivall, President of Hungarian Kidney Foundation and Worldwide Hungarian Medical Academy (Semmelweis University, Budapest)

18:40 – 19:10 Elaboration and Presentation of the Hungarian Wines

Prof. Dr. Ernő Péter Botos, Member of Hungarian Academy of
Wine

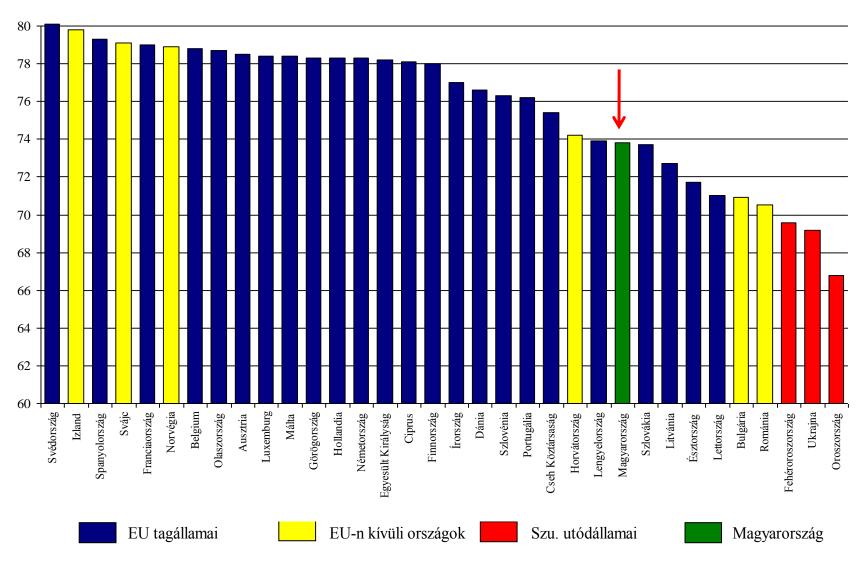
19:10 – 22:00 **Dinner**

Special Hungarian Dishes
Selected Quality Wines from the Best Known Hungarian Cellars

Wine is not only important to Hungarians but it has a **several thousand-year history in mankind life**. Although, there are 24 **historical vineyards** in our country, among them so famous places like Tokaj, Villány, Badacsony and the long culture and tradition of wine consumption, **there is a high incidence of cardiovascular disease** with the resultant **serious decrease in life expectancy in this region.**

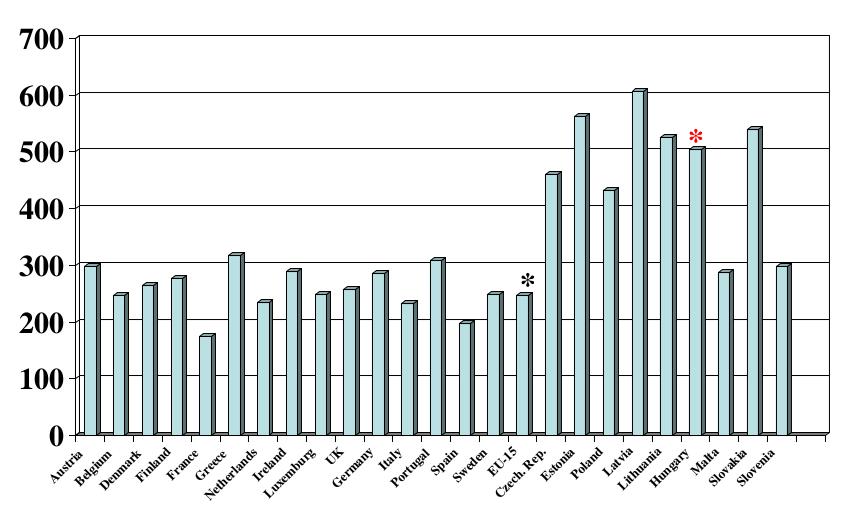
This symposium will provide a good opportunity for scientific exchange and informal discussions with members of faculty and also with the representatives of the Medical Experts and "Hungarian Wine Academy".

Life expectancy at birth in European countries



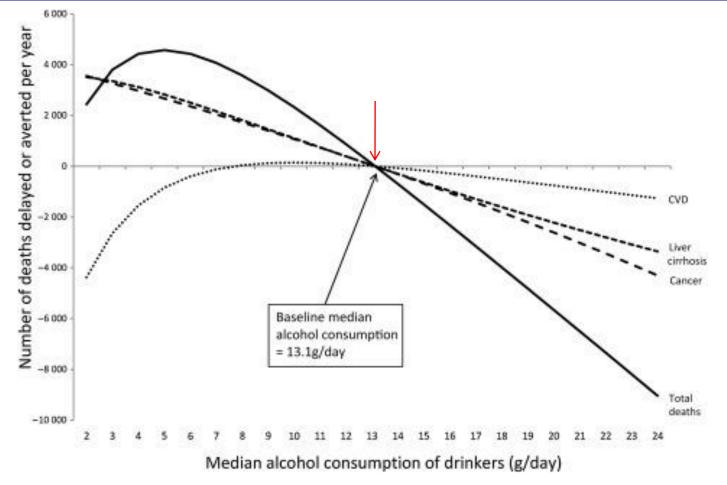
Human Development Report 2005, UNDP.

CV mortality in the EU/100.000 persons



What is the optimal level of population alcohol consumption for chronic disease prevention in England?

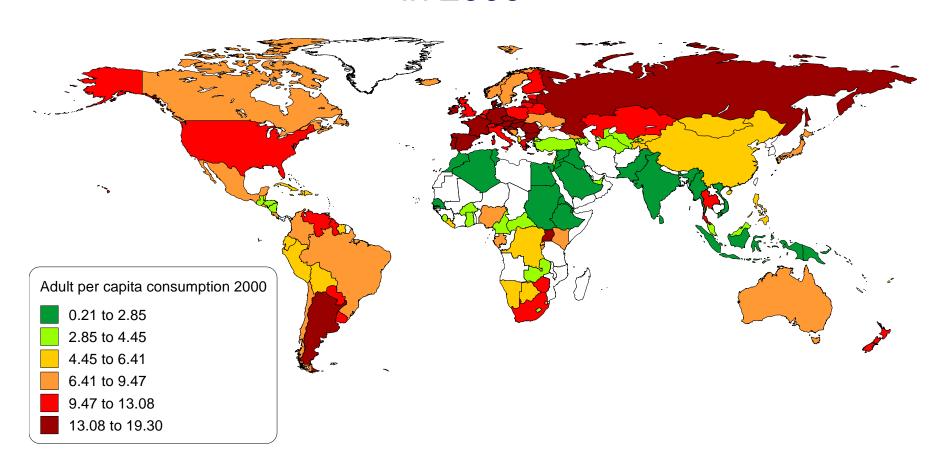
Modelling the impact of changes in average consumption levels.



Deaths delayed or averted in the counterfactual scenario varying median consumption of alcohol in drinkers. The median consumption of alcohol among drinkers was allowed to vary from 0 to 24 g/day using England 2006 as the baseline. The percentage of non-drinkers in the population was held constant.

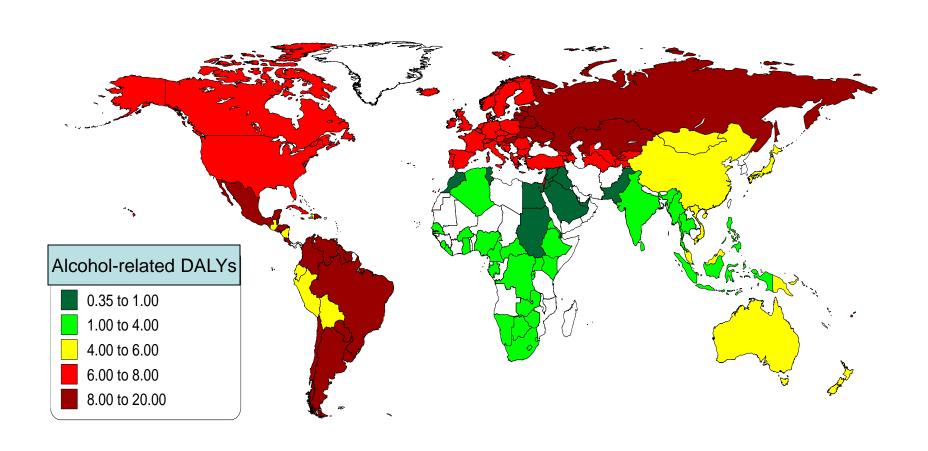
(BJM, Published online 2012 May 30. doi: 10.1136/bmjopen-2012-000957)

Alcohol consumption of adults (liter/person) in 2000



Equal with 2,5 - 4,0 dl/day wine for adults in Hungary

Alcohol-related global burden of disease



We are grateful to **generous supports** by the famous Hungarian wine cellars who provided the wines for this international event

Aklan Winery Bock Vineyards and Winery Ferenczi Vineyards **Frittmann Winery** Gere Vineyards and Winery Konyári Winery St. Andrea Vineyards and Winery **Tornai Winery** Vylyan Vineyards and Winery