

# Rare alleles with great effects

## Mendelian hypertension

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# Finding genes that cause hypertension

- Wilhelm Weitz: Zur Ätiologie der genuinen Hypertonie. Tübingen, 1921. “Hypertension is a Mendelian, autosomal-dominant disease”
- Sir George Pickering: 1955. “Hypertension is not a disease; blood pressure is regulated as a complex genetic trait”

Back of a German 10 Mark note  
when they still had money

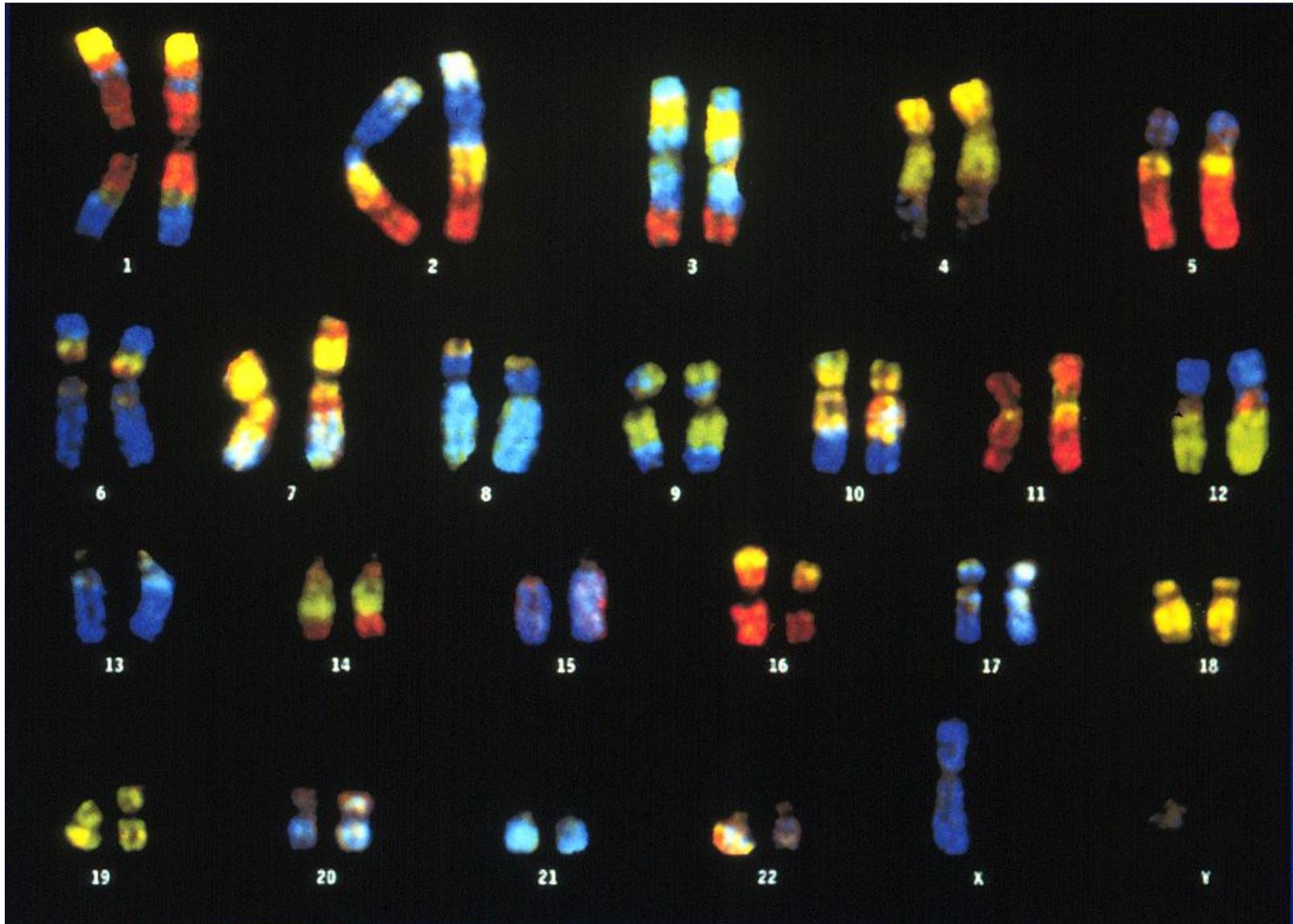


Genetically affected  
hypertensive persons



Arbitrary definition  
of hypertension

First step is finding the gene locus (where is it?)



# Satellites and microsatellites

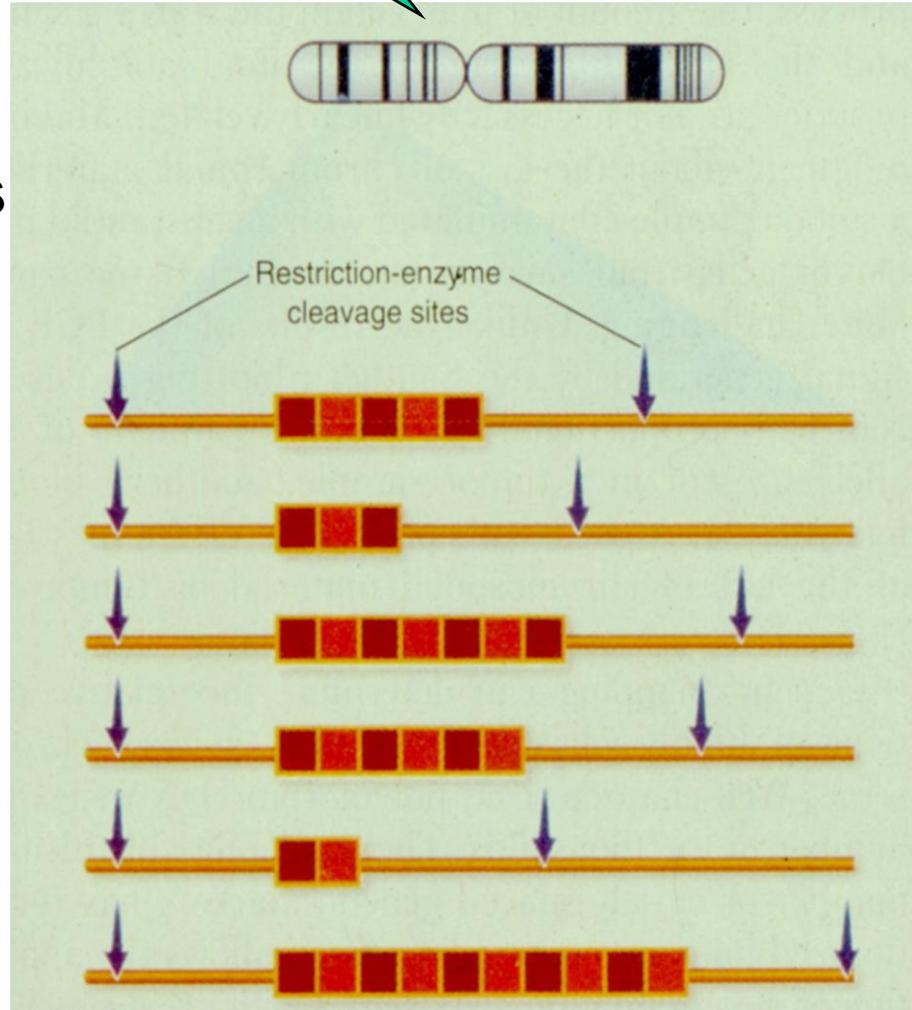
D12S310



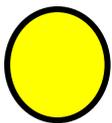
Possible alleles



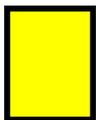
**C**  
**B**  
**E**  
**D**  
**A**  
**F**



Linkage analysis, finding gene markers that are always inherited with the disease (we do not use RFLP anymore but the example is a good one)

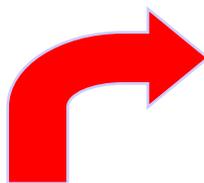


Female



Male

Gel →



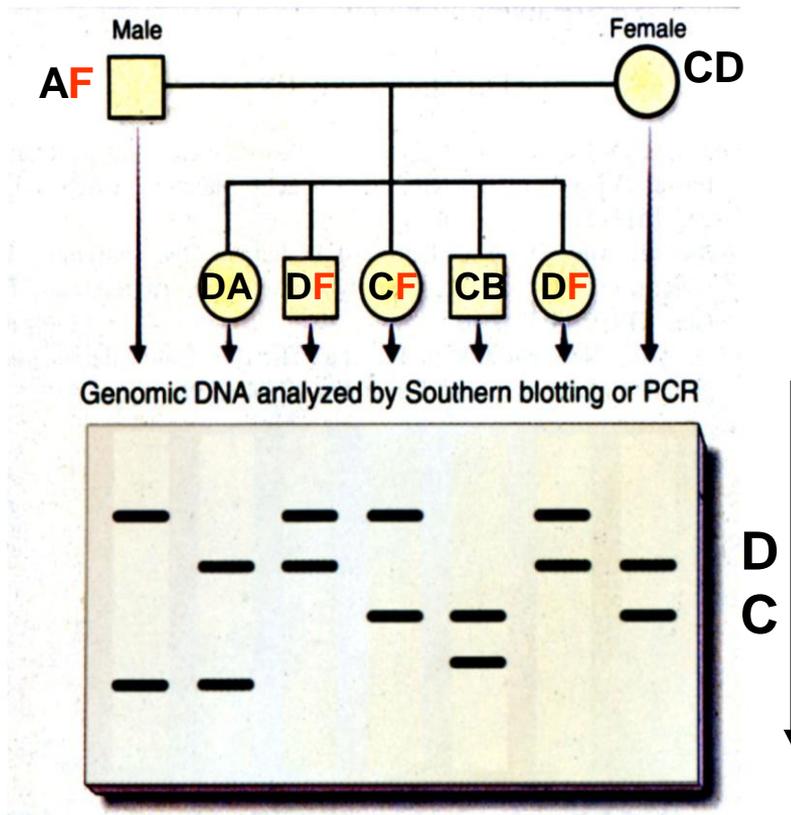
Disease gene is next to **F**

Slower

Faster

**F**

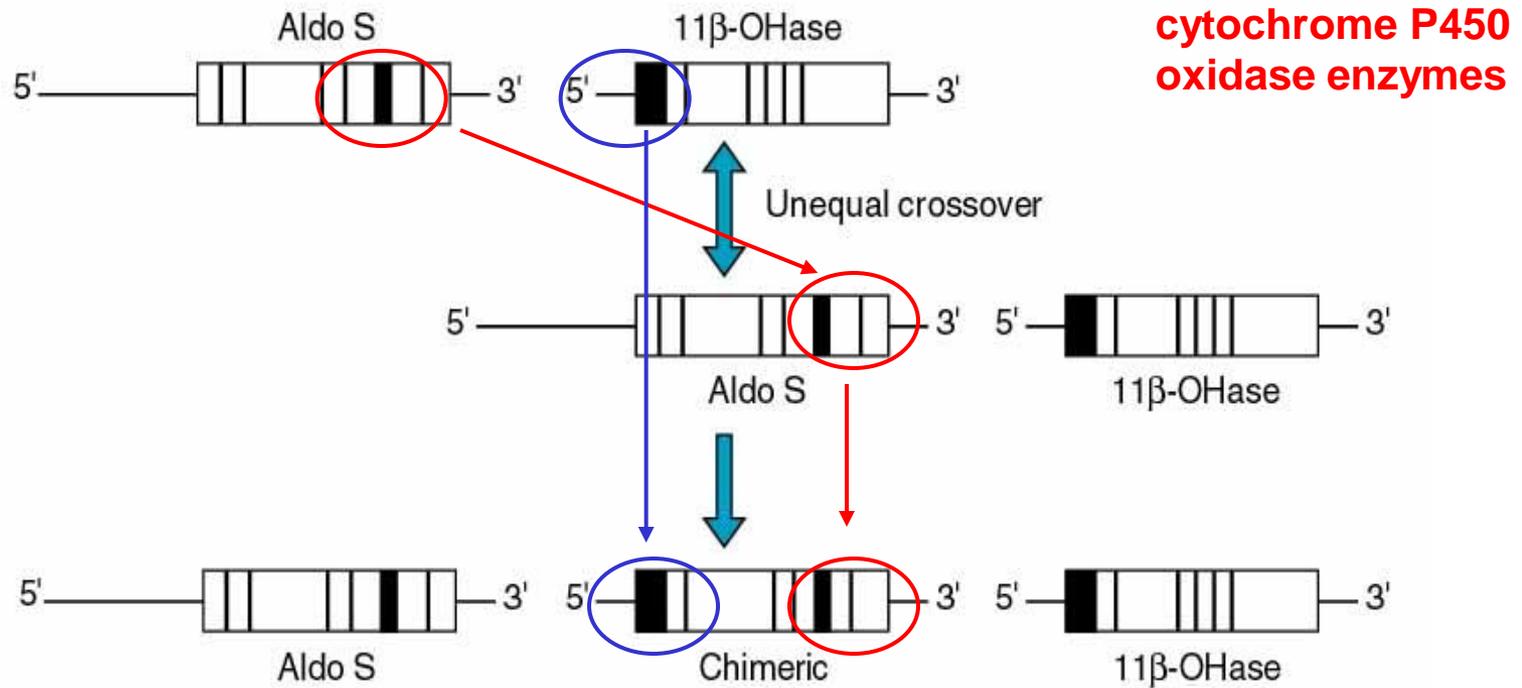
**A**



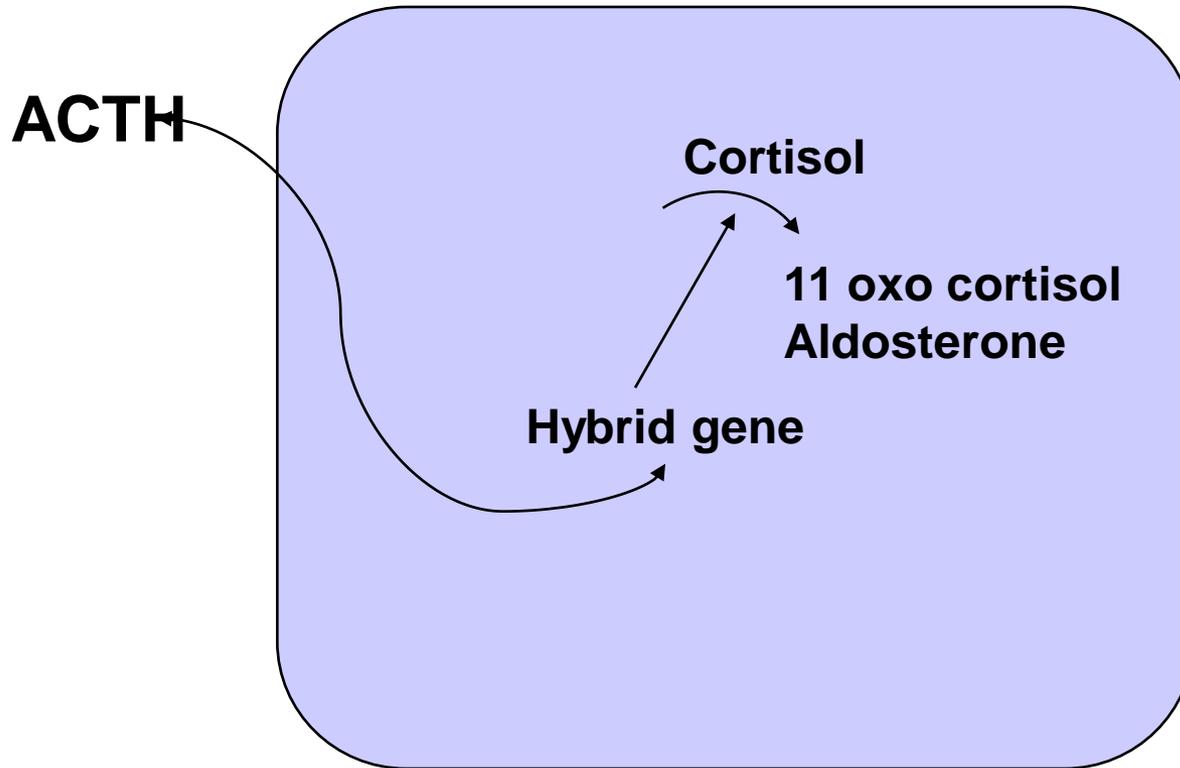
# Glucocorticoid remediable aldosteronism

- Autosomal-dominant inheritance
- PRA is low; aldosterone is high
- Mistaken for Conn's disease
- Blood pressure responds to spironolactone
- 5 mg prednisone “cures” the disease
- Chimera between aldosterone synthase and 11 $\beta$  OHase genes (Chromosome 8), exposing aldosterone synthesis to stimulation by ACTH

# Production of a hybrid gene by unequal crossing over in meiosis



# Zona fasciculata





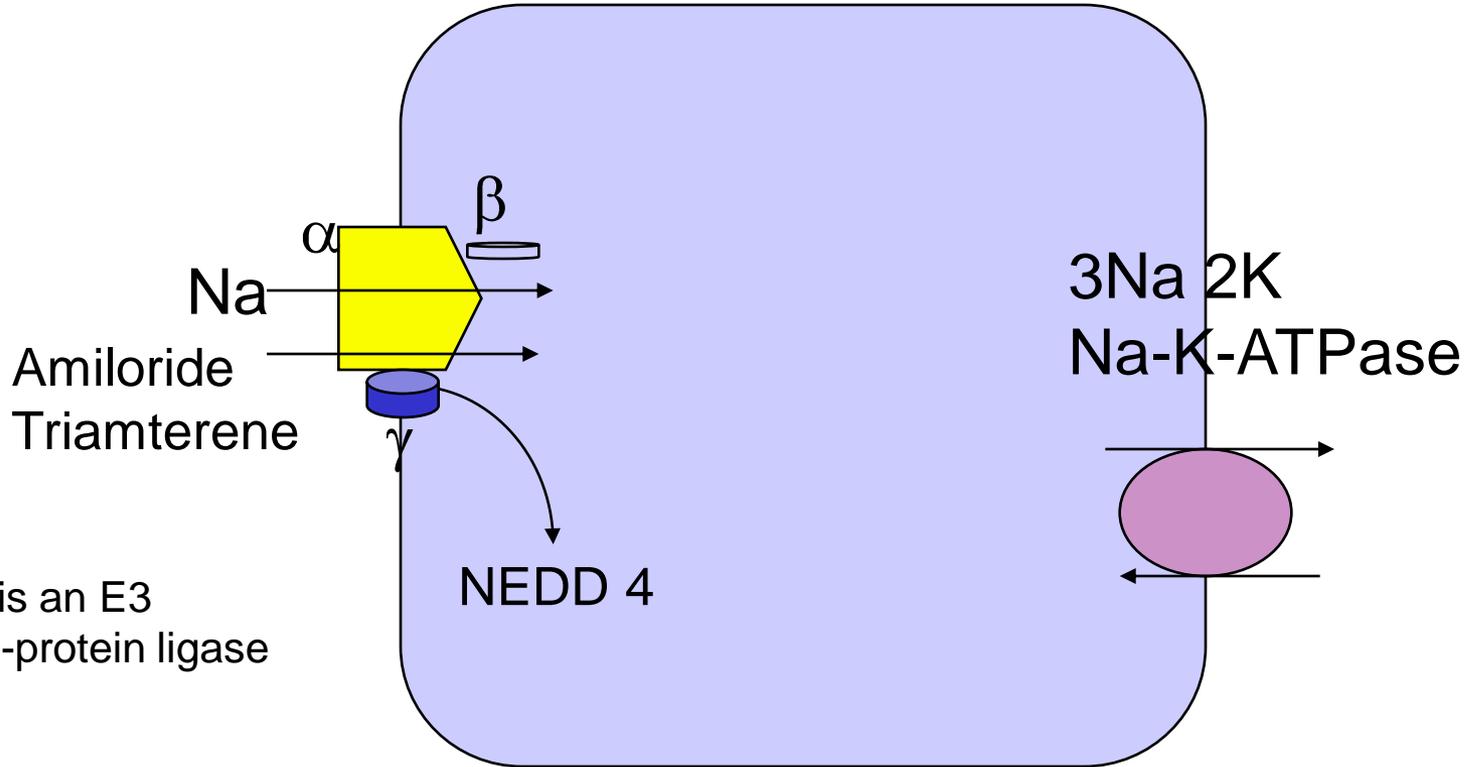
Grant Liddle was born on a farm in American Fork, Utah in 1921.  
Professor of Medicine, Vanderbilt University 1956-1983.

# Liddle's Disease

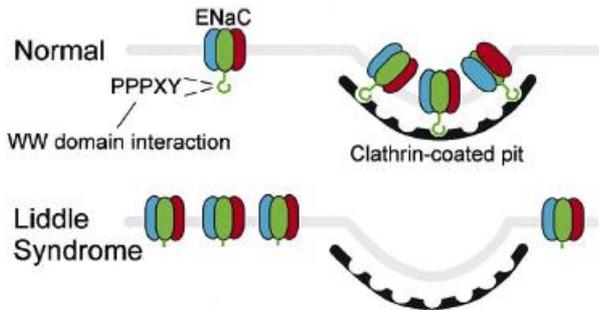
- Autosomal-dominant inheritance
- PRA is low, but aldosterone is low too
- Blood pressure improves with amiloride but not with spironolactone
- Gene mapped to chromosome 16
- Activating mutations in epithelial sodium channel
- gamma and beta subunits are mutated

# Defect in Liddle syndrome

Cl  $\longrightarrow$



NEDD4 is an E3 ubiquitin-protein ligase

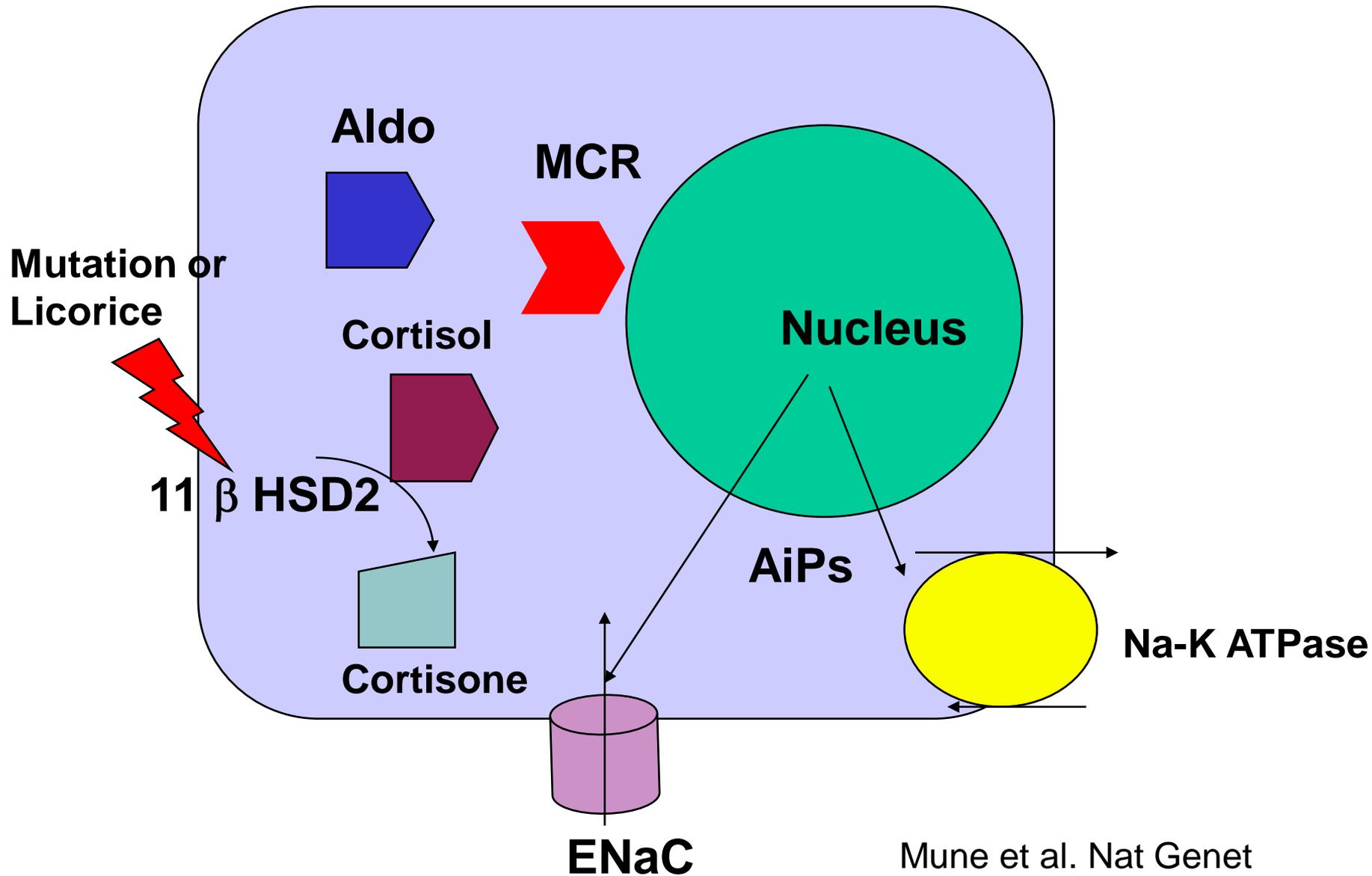


Loss of PPPXY motif results in retention of ENaC in cell membrane and no clearance via clathrin-coated pits

# Apparent mineralocorticoid excess

- Autosomal-recessive (pediatric) disease
- PRA and aldosterone are both low
- Blood pressure responds to thiazides and spironolactone
- Disease resembles licorice gluttony
- Inactivating mutations in  $11\beta$  hydroxysteroid dehydrogenase ( $11\beta$ HSD2) gene, exposing the MR to cortisol

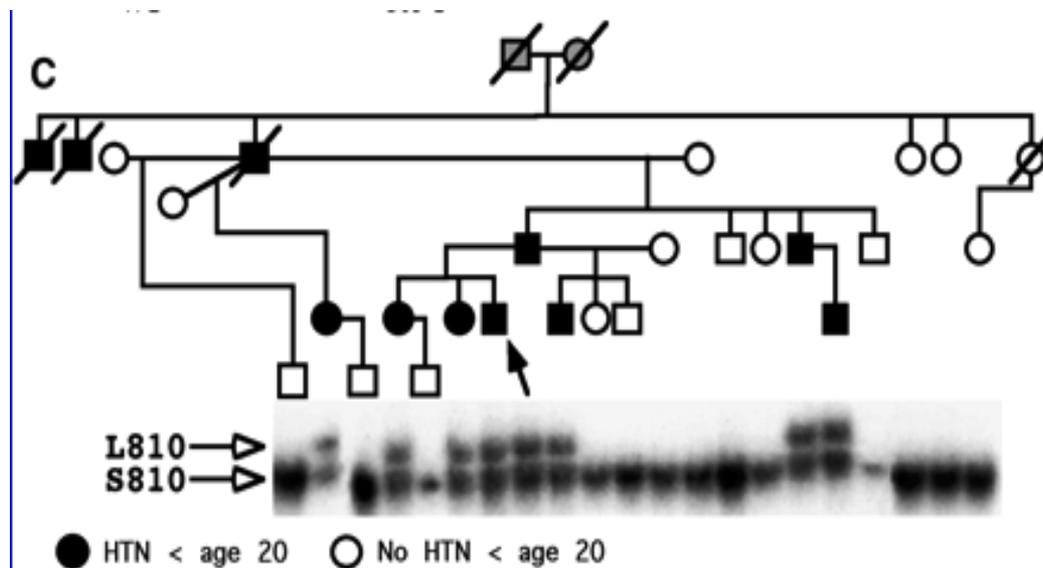
# 11 $\beta$ HSD, MCR, Aldosterone, and AiPs



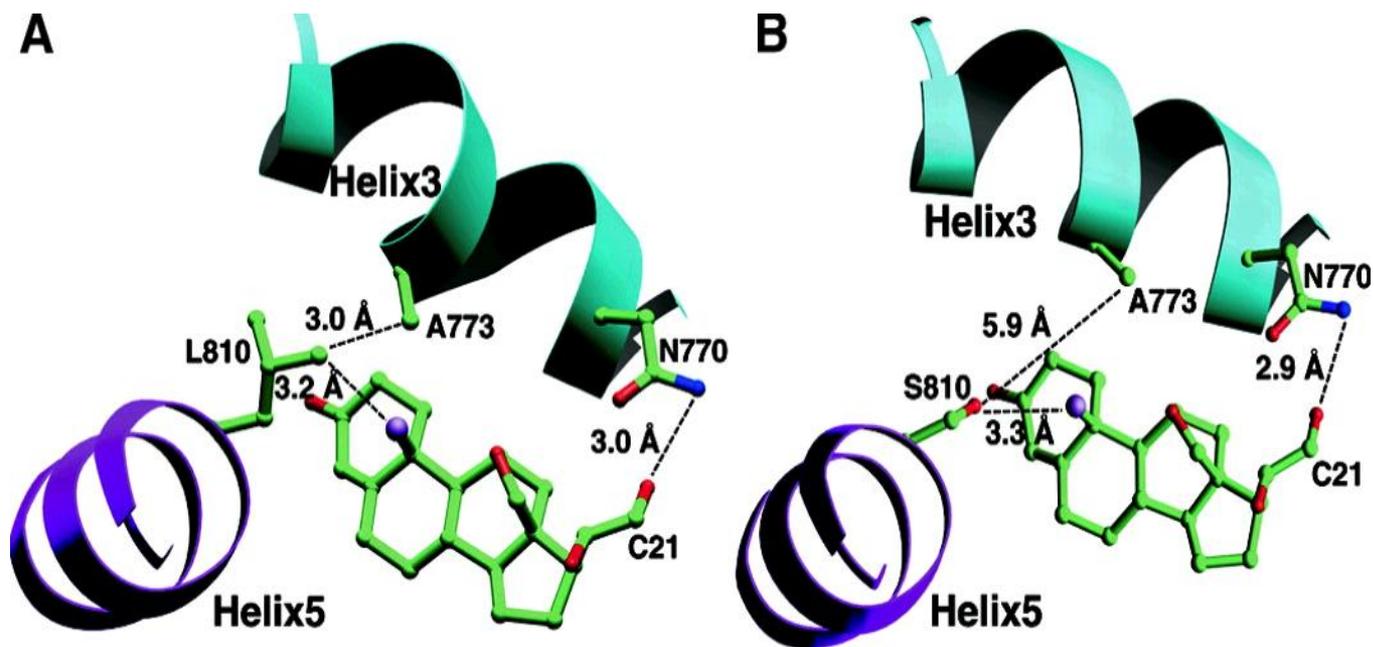
# Activating mutation in mineralocorticoid receptor (MR)

- Autosomal-dominant disease
- PRA is low; aldosterone is also low
- Spironolactone and pregnancy make the hypertension worse, not better

# Family tree with the leucine>serine 810 MR activating mutation



# Leucine vs. serine exchange at 810



**C**

	Helix 5	Helix 3	Aldosterone	19-NP	
<b>S</b>	$\begin{array}{ c} \text{---CH}_2\text{---OH} \end{array}$	$\begin{array}{ c} \text{CH}_3\text{---} \end{array}$	<b>A</b>	$100.0 \pm 5.8$	$6.1 \pm 1.2$
<b>M</b>	$\begin{array}{ c} \text{---CH}_2\text{---CH---S---CH}_3 \end{array}$	$\begin{array}{ c} \text{CH}_3\text{---} \end{array}$	<b>A</b>	$120.3 \pm 9.8$	$111.0 \pm 5.5$

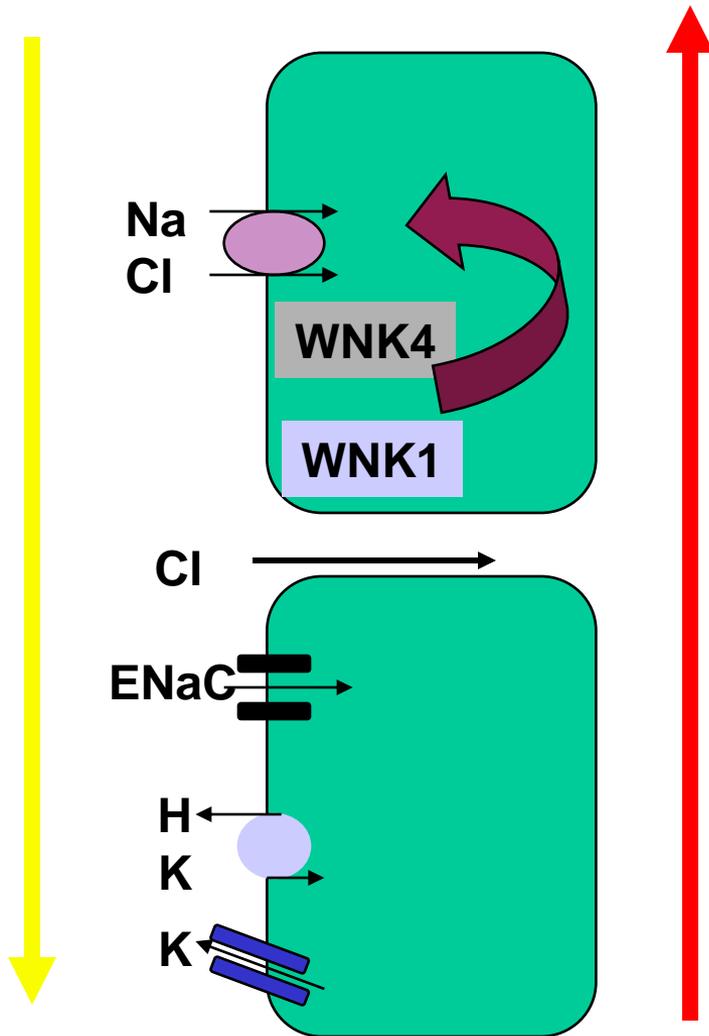
A 24 year-old French lady with hypertension is referred because she became weak after starting her beta blocker. Her family history is strongly positive for hypertension. Half her family members have it.

- pH 7.38
- PaCO<sub>2</sub> 35 mm Hg
- HCO<sub>3</sub> 21 mmol/l
- Na 140
- K 6.3
- Cl 109
- PCr 99 μmol/l
- UpH 5.3
- UKV 54 mmol/l
- UNaV 53 mmol/l
- Uosm 650 mosm/l
- PRA low, Aldo high

- **Explain the acid-base disturbance**
- **What is the Ddx here?**
- **What do you think about the family history?**
- **TTKG???**
- **What is this called?**

# Pseudohypoaldosteronism type II (Gordon syndrome)

Wilson et al. Science 2001;293:1107-1112



## WNKs regulate NaCl cotransport

PHA type II is characterized by:

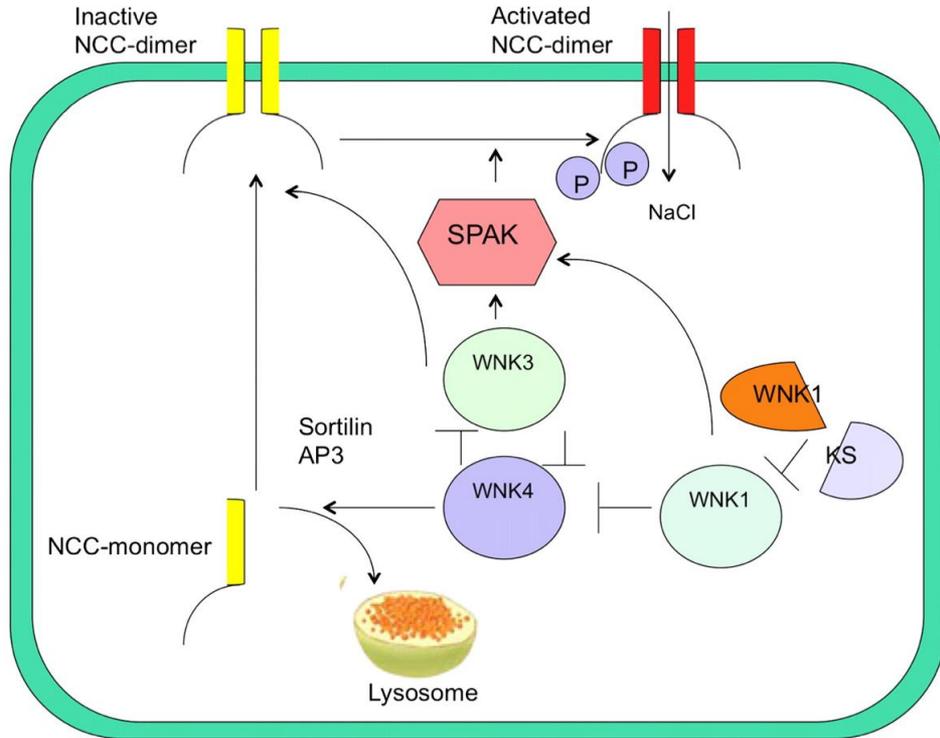
**Salt-sensitive hypertension**  
(increased NaCl reabsorption)

**Mild hyperchloremic acidosis**  
(decreased Na-H exchange)

**Hyperkalemia**  
(decreased ROMK in CCT)

**Response to thiazide diuretics**  
(supports increased NaCl cotransport)

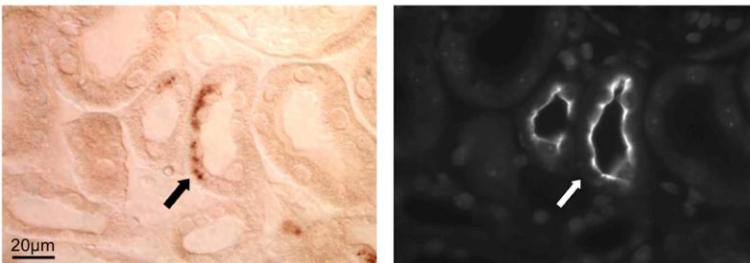
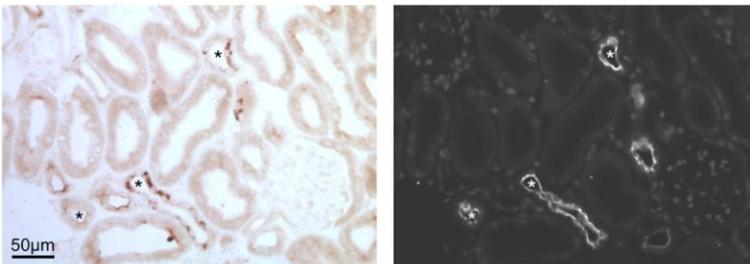
WNK are serine-threonine kinases. **Function is now becoming clear**



How do CNI cause high blood pressure?

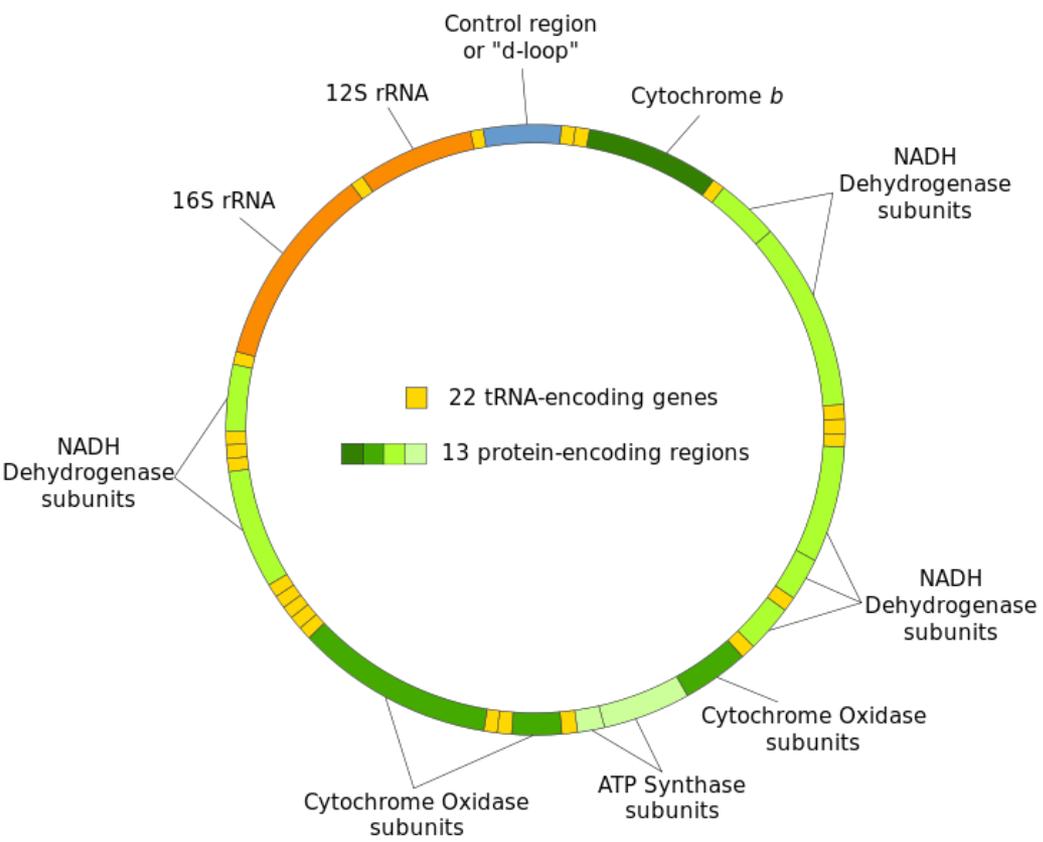
Calcineurin is co-expressed with NCC. WNK3, WNK4 and SPAK are activated by tacrolimus. Tacrolimus induces salt-sensitive Hypertension. NCC knock-out mice get no hypertension with tacrolimus. (Hoorn et al Nat Med 2011)

Hoorn et al. Nat Med 2011;17:1304-1309.

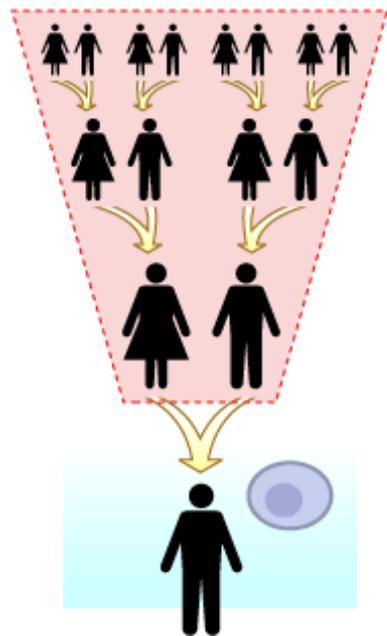


# Metabolic defects caused by mitochondrial DNA

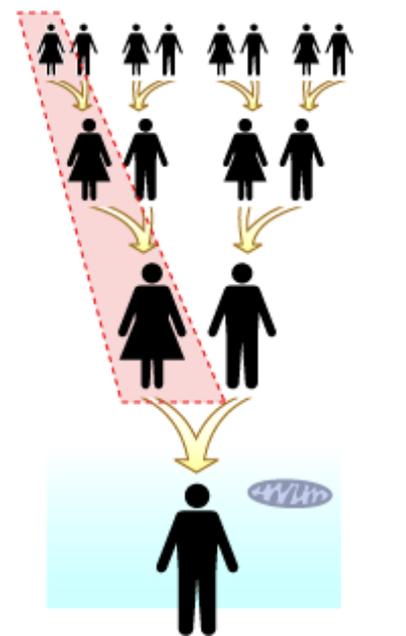
- Hypertension, lipid disturbances, hypokalemia, hypomagnesemia
- Inheritance is always from the mother to offspring
- Transfer RNA of the Ile anticodon

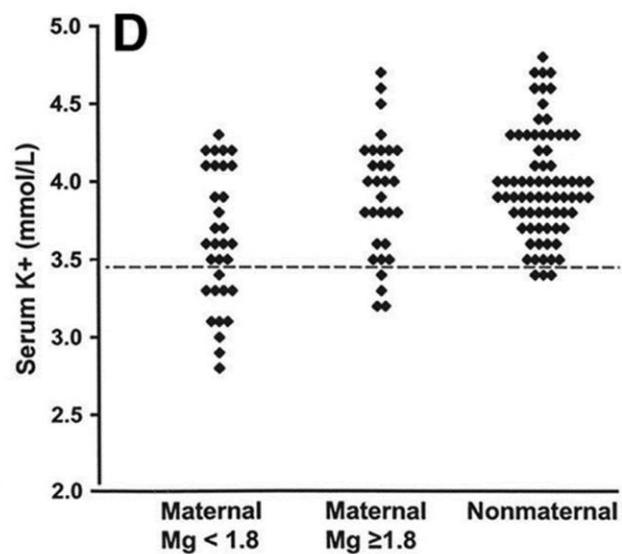
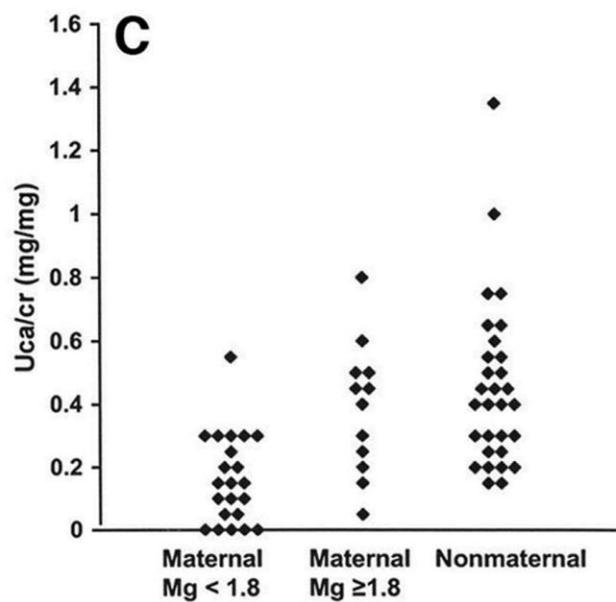
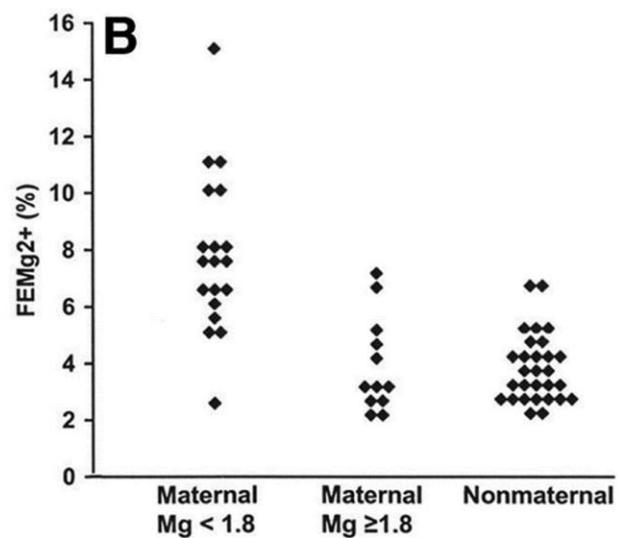
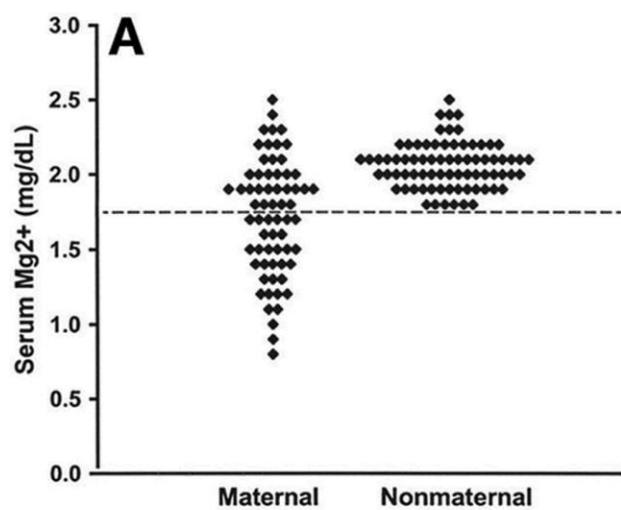


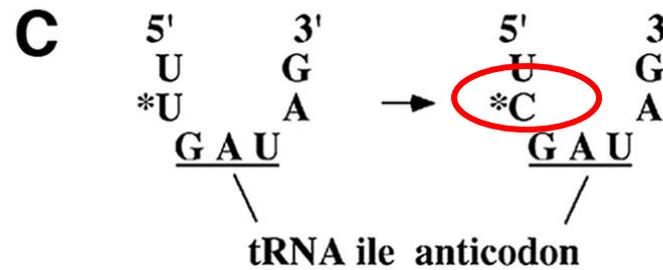
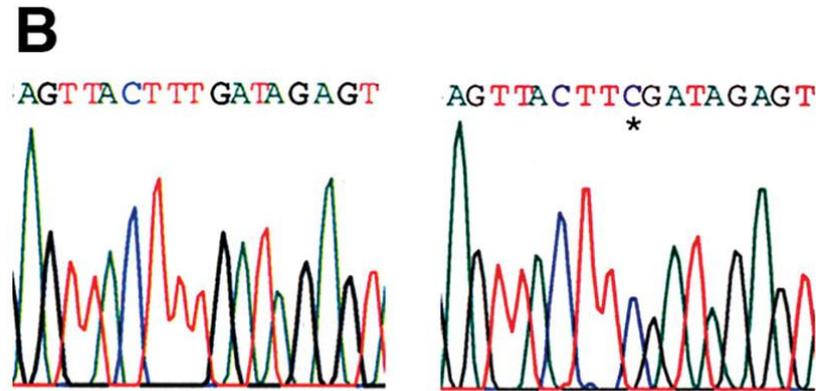
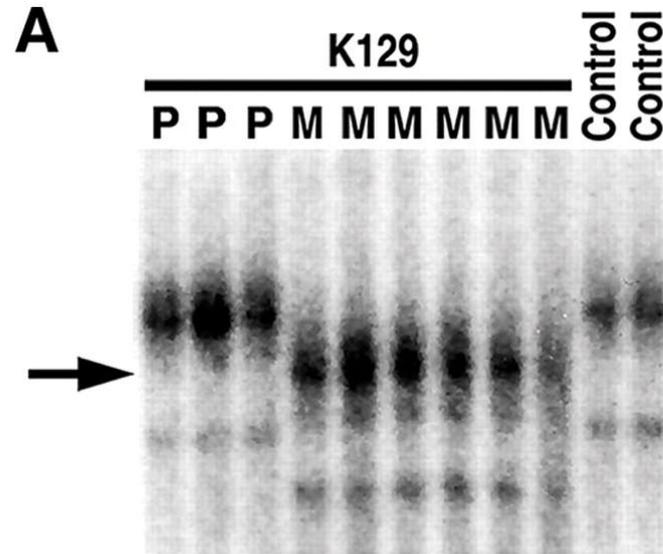
**A. Nuclear DNA is inherited from all ancestors.**



**B. Mitochondrial DNA is inherited from a single lineage.**

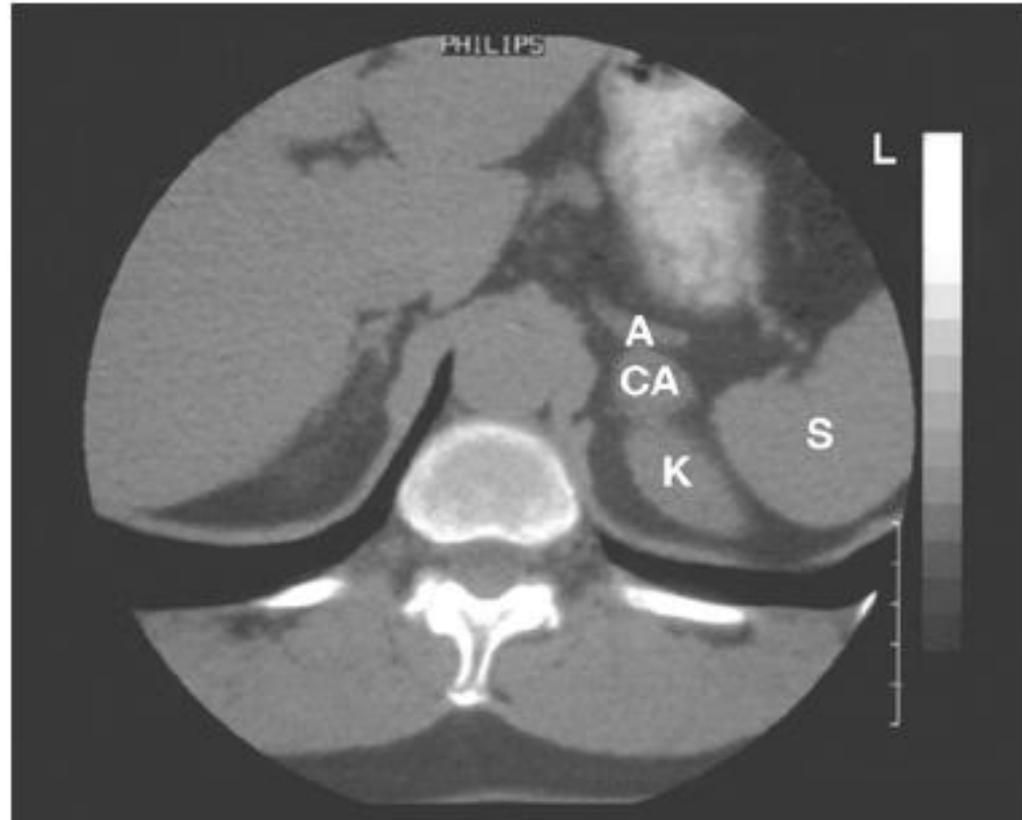




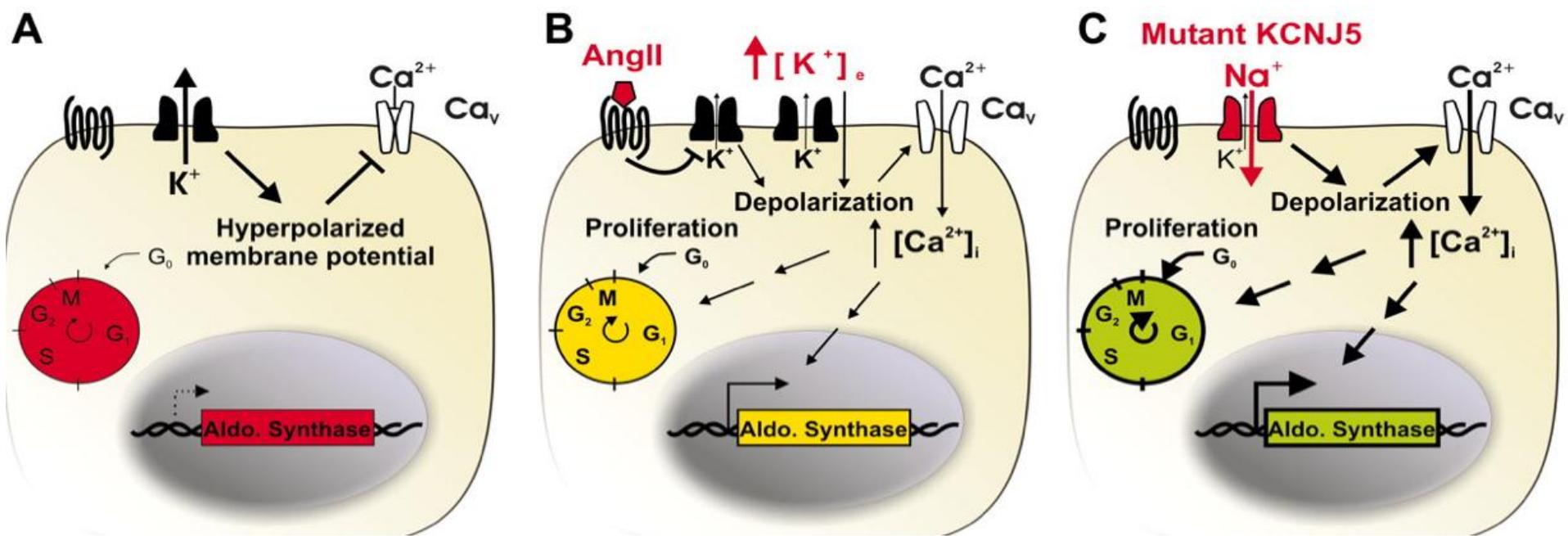


Impairs ribosomal binding

37 year-old woman with rather severe hypertension.  
Plasma renin activity is low, aldosterone is high.



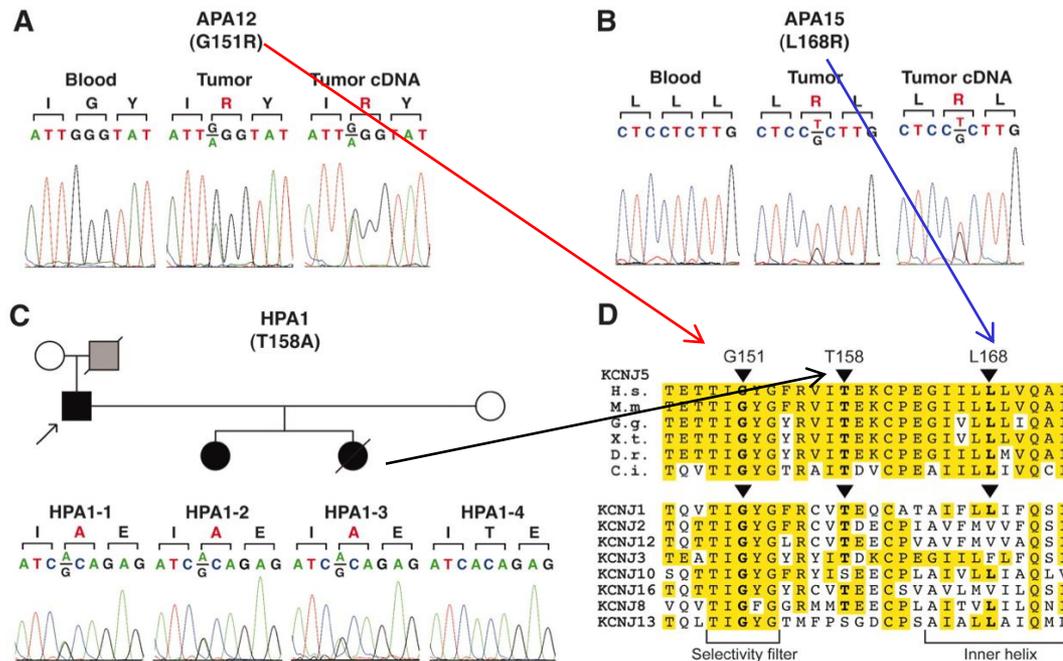
**G protein-activated inward rectifier potassium channel 4 is a protein that in humans is encoded by the KCNJ5 gene and is a type of G protein-gated ion channel.**



(A) Adrenal glomerulosa cells have a high resting  $K^+$  conductance, which produces a highly negative membrane potential. (B) Membrane depolarization by either elevation of extracellular  $K^+$  or closure of  $K^+$  channels by angiotensin II activates voltage-gated  $Ca^{2+}$  channels, increasing intracellular  $Ca^{2+}$  levels. This provides signals for increased expression of enzymes required for aldosterone biosynthesis, such as aldosterone synthase, and for increased cell proliferation. (C) Channels containing  $KCNJ5$  with G151R, T158A, or L168R mutations conduct  $Na^+$ , resulting in  $Na^+$  entry, chronic depolarization, constitutive aldosterone production, and cell proliferation.

# K<sup>+</sup> channel mutations in adrenal aldosterone-producing adenomas (APA) and hereditary hypertension.

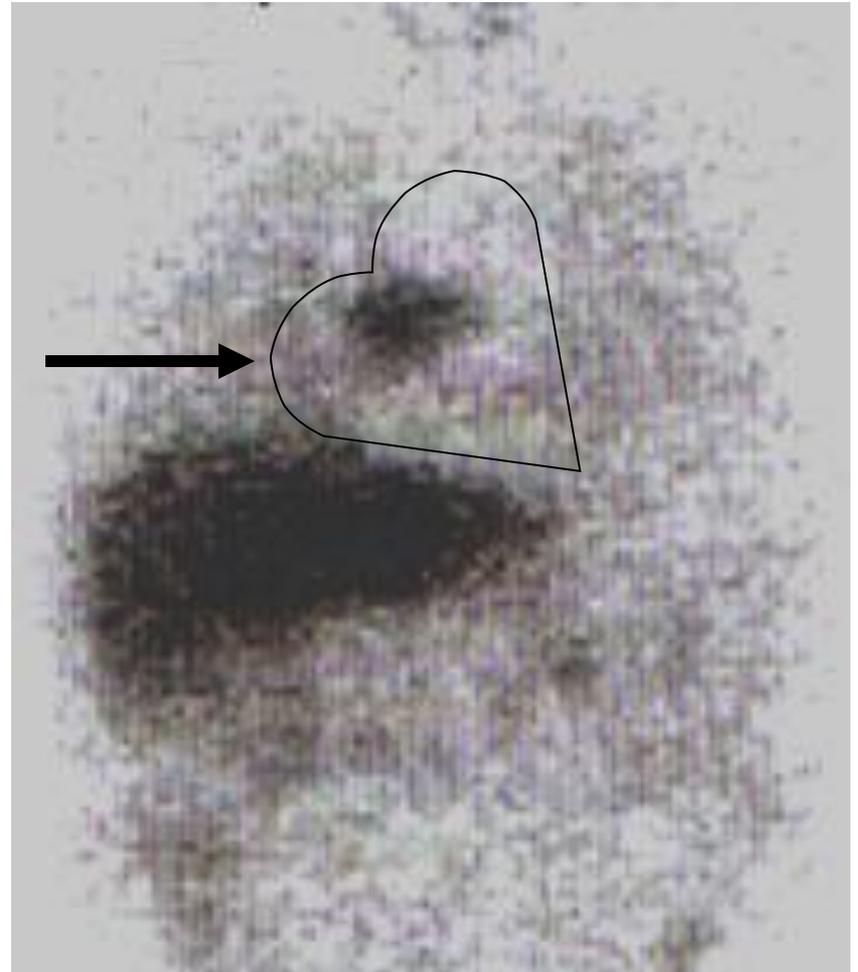
Endocrine tumors such as aldosterone-producing adrenal adenomas (APAs), a cause of severe hypertension, feature constitutive hormone production and unrestrained cell proliferation; the mechanisms linking these events are unknown. We identify two recurrent somatic mutations in and near the selectivity filter of the potassium (K<sup>+</sup>) channel KCNJ5 that are present in 8 of 22 human APAs studied. These findings explain pathogenesis in a subset of patients with severe hypertension and implicate loss of K<sup>+</sup> channel selectivity in constitutive cell proliferation and hormone production.



(A) Sequences of blood and tumor genomic DNA and tumor cDNA of KCNJ5 codons 150 to 152 in APA12. (B) Sequences of KCNJ5 codons 167 to 169 in APA. (C) KCNJ5 mutation in kindred HPA1. At top, kindred structure is shown; affected members are shown as filled symbols; gray symbol represents a subject who died at age 36 with severe hypertension, suspected to be affected. KCNJ5 sequences of codons 157 to 159 are shown. Reverse strand traces for (A) to (C) are shown in fig. S4. (D) Conservation of G151, T158, and L168 in orthologs and paralogs.

A 52 year-old man presented because of episodic headaches, sweating, and tachycardia. He had been hypertensive for 10 years. VMA w/u negative.

- **BP 140/90 but 24 h showed values up to 212/114**
- **Tilt-test caused fainting**
- **Urine norepinephrine and normetanephrine elevated**
- **Plasma NE elevated**
- **Epinephrine not elevated**
- **Abd MRI negative**



**<sup>123</sup>I-Meta-iodobenzylguanidine (MIBG)**

# Left circumflex coronary artery



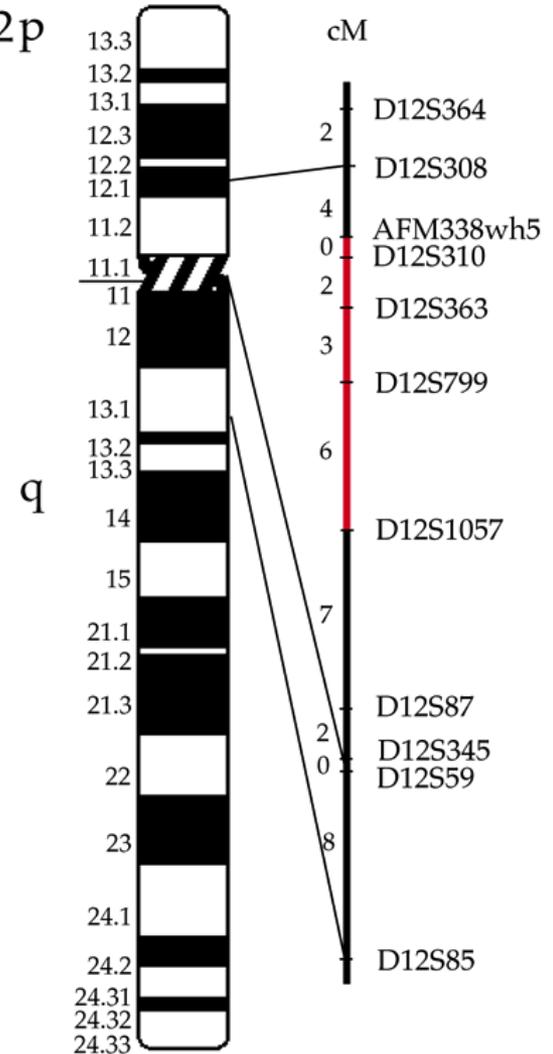
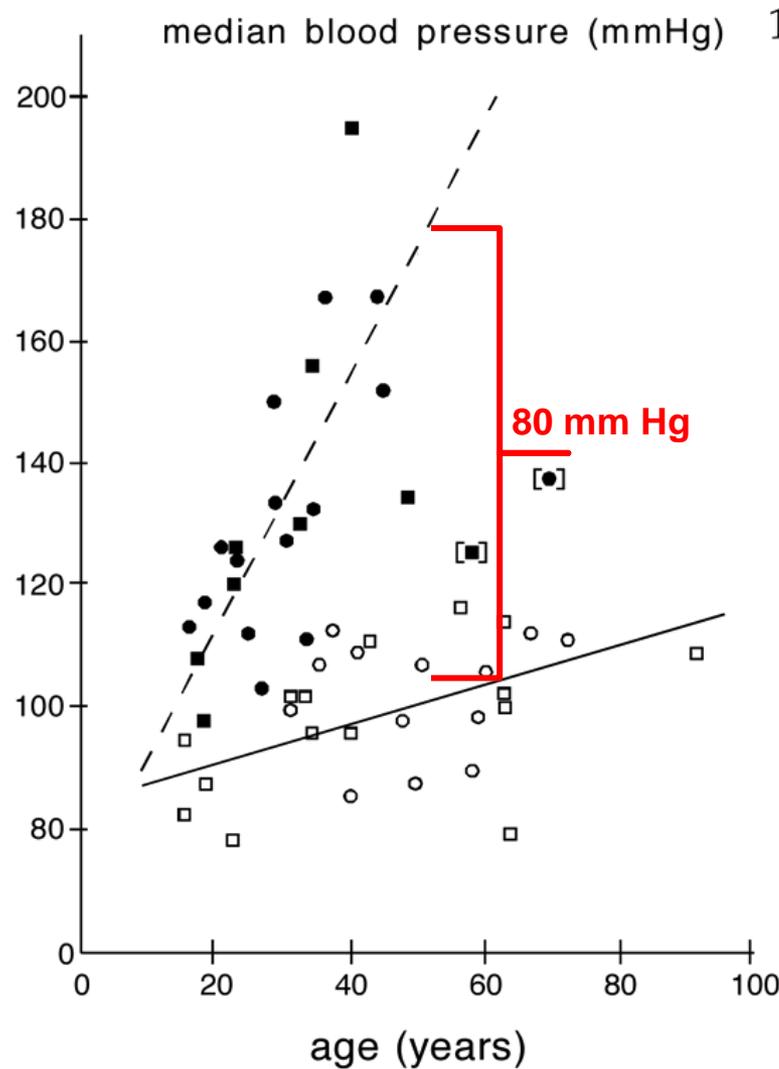
# Pheochromocytoma

Neumann et al. NEJM 2002;346:1459

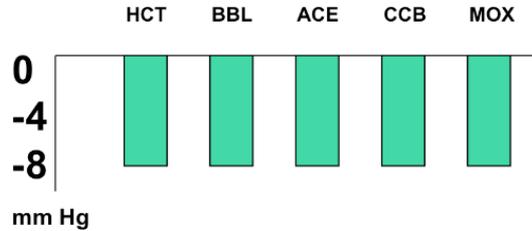
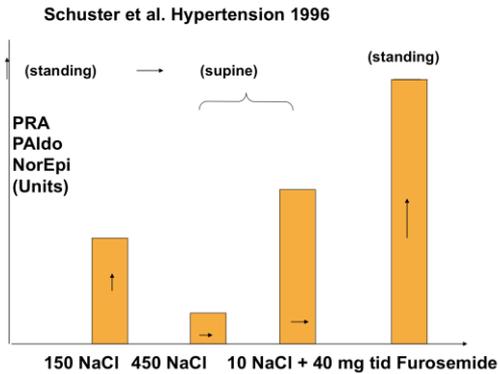
• Syndrome	Phenotype	Incidence	Gene
• MEN2B	ibid+neuromata	50%	<i>RET</i>
• Neurofibr I	café au lait	1	<i>NF1</i>
• VHL	eye-kidney-cns	10-20%	<i>VHL</i>
• Paraganglioma	carotid body	20%	<i>SDHD*</i>
• Paraganglioma	& Zuckerkandl		<i>SDHB*</i>

\*Succinate dehydrogenase pathway mutations now involves 5 genes

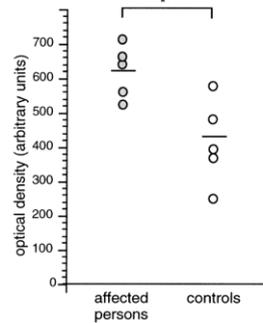
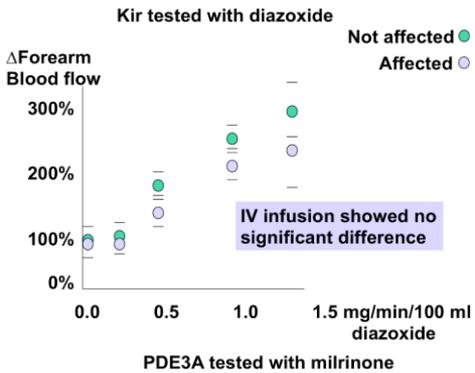
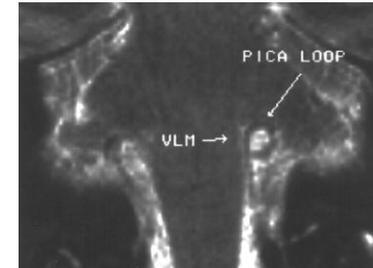
# Autosomal-dominant hypertension with brachydactyly type E



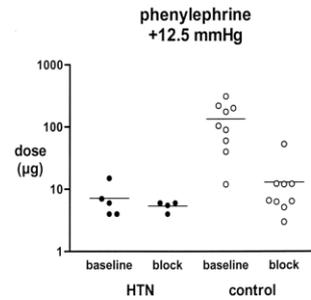
# Autosomal-dominant HBP with BDE



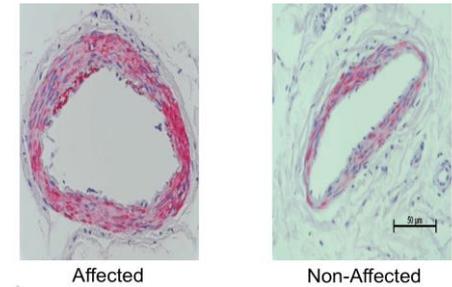
BP fall with 5 drugs compared to placebo (cross-over)



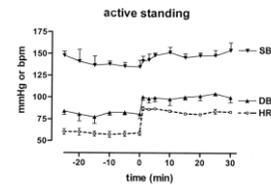
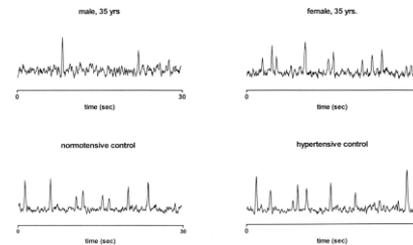
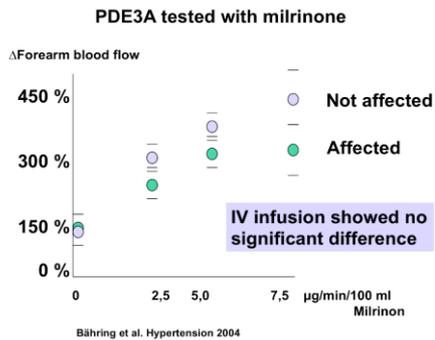
## Intermediate Phenotypes: II. Impaired baroreflex buffering



Jordan J et al. Circulation 2000



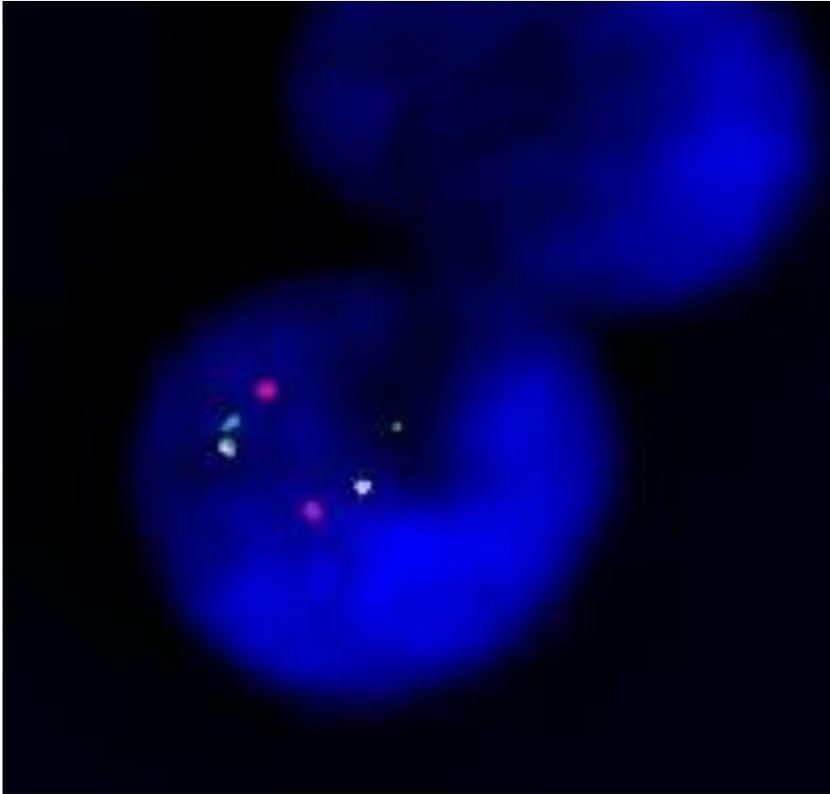
Am J Hum Genet 1997, Stroke 1997  
Hypertension 1996, 2004, 2008, 2010  
Kidney Int 1998, Ann Intern Med 1998  
Circulation 2000



What causes the hypertension?

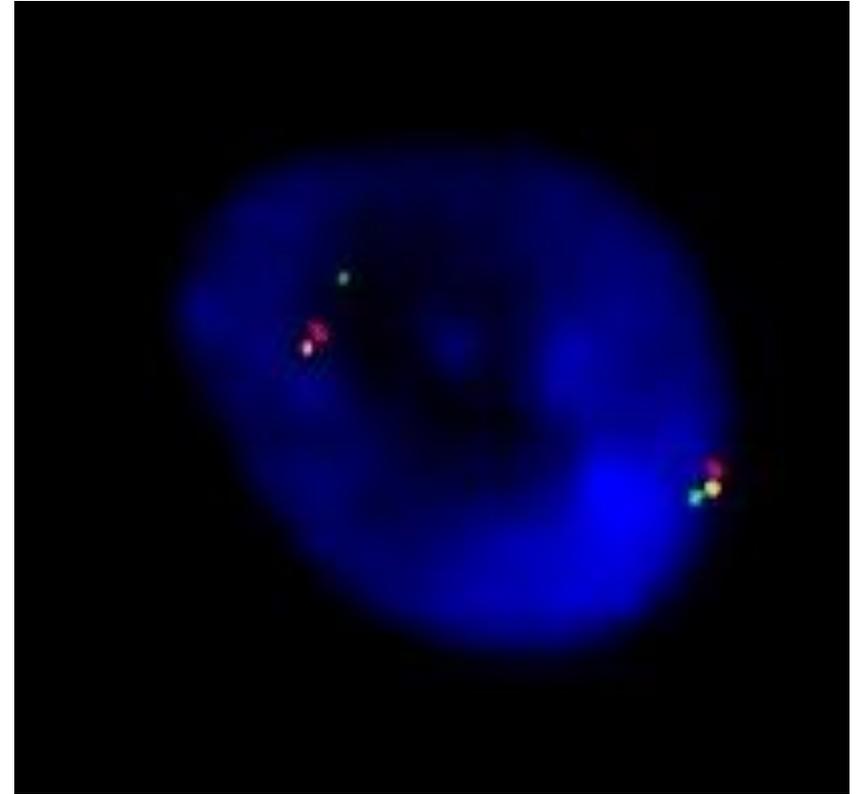
We do not know!

# Affected person with Mendelian brachydactyly and hypertension



**28komb1**

**96K9 284C17 345P1**



**28komb4**

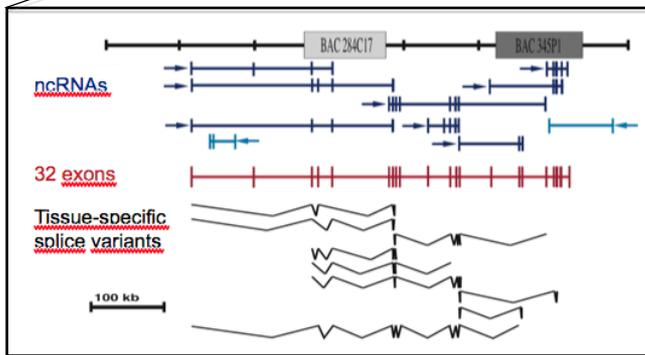
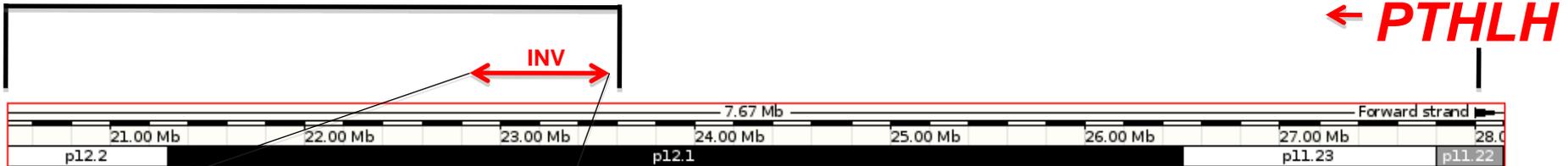
**184C8 96K9 284C17**



# What about *PTHLH* in HBP with BDE?

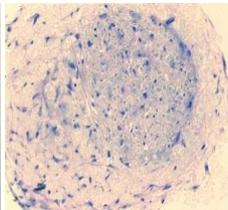
This is a complex rearrangement syndrome and when I figure it out, I will let you know!

## HBP with BDE

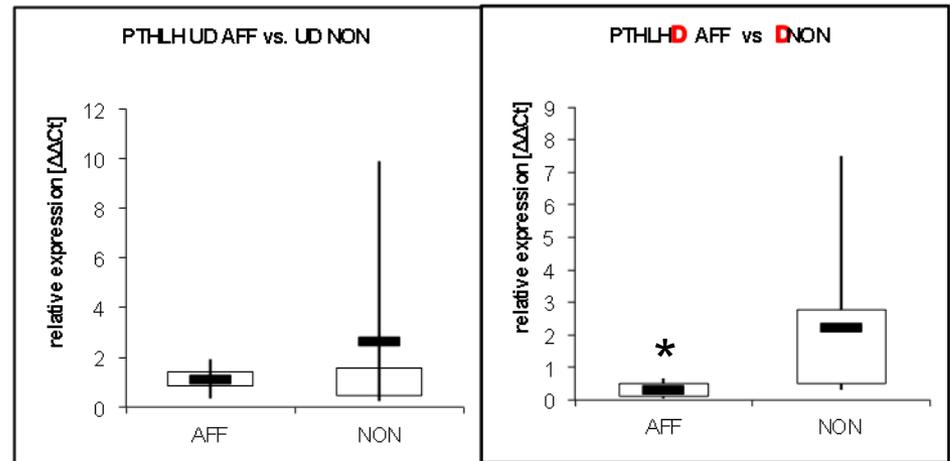


micromass culture

toluidin blue



**Chondrogenically differentiated fibroblasts**



\* P < 0,05 6 AFF vs. 8 NON

# Mendelian hypertension

- All are salt-sensitive except one
- PRA is low in all except one
- ALD is low in Liddle, AME, MR, high in GRA and Gordon's
- If it only comes from mom, then mitochondria
- KCNJ5 explains a lot of primary aldosteronism
- All pheos are a genetic syndrome until proven otherwise
- You might look at the fingers